



# QUEER YOUTH APPROVAL BOARD

## Queer Youth Approval Board

### Agreement

#### **Members of the Queer Youth Approval Board will receive the benefits of:**

1. Payment of \$75 after completing both the Queer Youth Approval Board Meeting and Therapist Training/Information Session.
2. Creating an inclusive and affirmative network of therapists and other mental health professionals for LGBTQIA+ youths.
3. Receiving valuable advocacy and leadership skills.
4. Citing your board involvement on applications as student leadership development.

#### **Members of the Queer Youth Approval Board are expected to:**

1. Attend both a Queer Youth Approval Board meeting and Therapist Training/Information Session.
2. Engage with others in the group respectfully.
3. Provide insight based upon personal experiences and hopes for the future.

#### **MISSION**

The Queer Youth Approval Board is a group of young LGBTQIA+ people who strive to create a more affirming and inclusive environment within the mental health field for LGBTQIA+ people by creating and approving curriculum for therapists and mental health professionals.

#### **VISION**

Our vision is to create a world where all LGBTQIA+ people, especially LGBTQIA+ youth, receive affirmative and inclusive mental health care.

#### **CORE VALUES**

Within ourselves, our organizations, and our communities we uphold these values:

1. **Education of Self and Others.** We strive to further educate ourselves and members of our communities on LGBTQIA+ experiences, identities, and specific needs.
2. **Intersectionality.** We commit to not only advocating for gender and sexual identity justice, but also acting in solidarity against injustice across multiple identities such as class, race, immigration, and so much more!
3. **Self-Determination.** We commit to advocating for the individualism of mental health treatment so that it is not solely based upon people's identities, but includes an understanding of how identities may affect other parts of their lives - both as a strength and as a need for support.